



# nipper ninjas

7 - 11 YEARS

If you have a little monkey in the family, Nipper Ninjas is the class for you. This fun obstacle course is full of swinging, jumping and balancing challenges and is sure to use up some extra energy and get the heart pumping.

Our ninja classes are designed to empower you in all areas of fitness. To enjoy the process while becoming stronger each week. It aims at building confidence, strength, power, endurance, body awareness, flexibility, and control.

**Classes run for 45 minutes during school term.**

## CLASS SCHEDULE

Wednesday: 4:15pm

## 2025 TERM DATES

**Term One:** 3 February to 12 April

**Term Two:** 28 April to 5 July

**Term Three:** 21 July to 27 September

**Term Four:** 13 October to 20 December

## PRICING

<b>Term One</b> (10 weeks)		\$ 170.00
<b>Term Two</b> (10 weeks)		\$ 170.00
<b>Term Three</b> (10 weeks)		\$ 170.00
<b>Term Four</b> (10 weeks)		\$ 170.00

*\*See website for Ninja Elites pricing.*

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